

# Questions on Everyday Health Issues?

## We've Got the Answers

### Nurse support 24/7

Thanks to your employer and CoreSource, you have access to medical advice from experienced nurses, 24 hours a day, seven days a week. By calling a toll-free number, you can reach a friendly, registered nurse anytime during the day or night. Our nurse support line, MyNurse 24/7, is your first resource for immediate clinical guidance on everyday health issues.

### Avoid unnecessary trips to the doctor

With MyNurse 24/7, you get the health information you need, when you need it. One call helps you avoid making an unnecessary and costly trip to the doctor or hospital ER. Plus, when you talk to our nurses about your medical concerns, they may be able to help identify an emerging condition before it becomes an acute medical event.

### Nurses are standing by to help!

Dial 866-366-6877 for medical advice in English, Spanish and nearly 150 other languages. Or, visit our website to e-mail a nurse or explore medical information and personal care support tools on the CoreSource HealthCenter, our personal health management system. *Remember, there is no charge for using this valuable service.*



Contact MyNurse 24/7 for information on:

- Infant care
- Senior care
- Injuries
- Disease symptoms
- A new diagnosis
- New and emerging health technologies
- Any concerns about everyday health issues

  
**MyNurse 24/7™**  
SIMPLY CARING

To call a nurse, dial 866-366-6877

To e-mail a nurse, visit [www.coresource.com](http://www.coresource.com),  
click on the HealthCenter link, log in and click  
on the MyNurse 24/7 button on the left side.