

Special Delivery



Giving Babies a Healthy Start

It's important that women who are expecting know all they can about their health and maintain a healthy lifestyle to help ensure a full-term pregnancy and a healthy delivery. CoreSource's comprehensive Special Delivery program safeguards the health of each eligible soon-to-be mom, promotes a full-term healthy delivery and controls healthcare costs without compromising maternal and neonatal care.

The Cost to Business

The March of Dimes maintains that the cost of caring for premature babies is considerable for business. A 2007 report from the organization says direct healthcare costs to employers for the care of a premature baby average \$41,610. That's 15 times higher than the \$2,830 that employers spend on average for a healthy full-term delivery. In addition to the costs of medical care, the cost in lost productivity from a parent of a premature infant averages \$2,766.

Special Delivery Benefits

Special Delivery helps prevent serious maternal and newborn health issues and aids in the early identification of any problems. Plus, Special Delivery is available at no extra cost as part of CoreSource's Healthcare Management Program.

Special Delivery offers:

- A voluntary health screening
- Information on prenatal care
- A 24/7 nurse line to answer health questions and help prepare new mothers for their return to work

Here's How Special Delivery Works

Step One: Personal Health Screening

Participants begin by answering questions about their health and their family's medical history. Prenatal nurses evaluate those answers, and a personal telephone consultation is arranged. If any areas need special attention, a nurse will make a referral to other healthcare services with the approval of the member's doctor.

Step Two: Prenatal Education

Participants receive personalized health information and educational materials based on the results of their health screening, including an informative book that explains the stages of pregnancy and childbirth and ways to recognize warning signs.

Step Three: Resources and Guidance

CoreSource offers a 24/7 nurse line staffed by obstetrical nurses who can make referrals to local organizations, connect callers to national support groups, prepare new mothers for their return to work and offer guidance on parenting issues.

Alternative Home Healthcare

If a physician prescribes alternative home healthcare as a result of the Special Delivery health screening, these services will be considered for reimbursement under the terms of the healthcare benefits.

Eligibility

Members, their spouses and dependents are eligible to participate in the Special Delivery program.

For More Information

To learn more about the Special Delivery program, please visit our website at www.coresource.com or call CoreSource at 888-785-2229.